The testing effect on skills learning might last 6 months.
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Overview: This study was undertaken to establish if testing, as a final activity in a cardio-pulmonary resuscitation (CPR) skills course, increased learning outcomes when assessed after half a year, compared to spending an equal amount of time practicing.

Conclusions: This study suggests that testing as a final activity in a CPR skills course might have an effect on long-term learning outcome compared to spending an equal amount of time practicing the skills. Although this difference was not statistically significant, the identified effect size of 0.4 can have important clinical and educational implications.