Nurses' attitudes towards resuscitation and national resuscitation guidelines-Nurses hesitate to start CPR-D.
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Overview: The purpose of this study was to analyse the effect of cardiopulmonary resuscitation (CPR) education on attitudes towards defibrillation during arrests (CPR-D) and the guidelines.

Conclusions: Intensive education increased self-confidence regarding CPR-D skills but did not reduce anxiety. CPR-D education should include a focus on reducing anxiety, and negative attitudes within organizations need to be explored.